

## **TREATMENT CONSENT – INJECTION SCLEROPLASTY**

Injection scleroplasty is a technique which was developed by specialists at the Walter Reed US Army Hospital for the treatment of snoring/obstructive sleep apnea (OSA). It involves the “stiffening” of the soft palate by the injection of a scar-producing liquid.

This injection is relatively painless and very similar to the injection you would receive when you have a filling in an upper back tooth. The liquid itself has been used extensively for similar purposes in the treatment of varicose veins.

The effects of these injections usually last several months to one year and do need repeating. In comparison with other techniques, it is much less invasive, very effective and reversible! It is often combined with the use of an oral appliance when OSA is present along with snoring.

I, \_\_\_\_\_, hereby consent to having my snoring/obstructive sleep apnea condition treated with injections scleroplasty. I am aware that there are other forms of treatment available for snoring/obstructive sleep apnea and have discussed the options. The procedure and potential side effects have been explained to me and my questions have been fully answered.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

**You will receive a copy of this consent form.**